

Vegan

Light Lunches

(served 11.30 am – 3.30 pm)

Sandwiches

served on White, Granary or Gluten Free Bread with Salad
available in a Freshly Baked Baguette (+£1) or Ciabatta (+£1.50)

Vegan Mature Cheddar £5.50

Avocado, Sundried Tomato and Rocket £5.75

Hummus, Red Onion Marmalade and Rocket £5.75

Toasted Sandwiches and Paninis

served on White, Granary or Gluten Free Bread
with Salad

Vegan Mature Cheddar £7

Vegan Mature Cheddar and Onion £7.50

Vegan Mature Cheddar and Tomato £7.50

Jacket Potato

served with Salad (GF) **£6.95**

Half Jacket Potato (GF) **£5.50**

Vegan Mature Cheddar £1

Baked Beans £1

Three Bean Chilli £4.50

Lunches

(served 12.00 pm – 3.30 pm)

Mediterranean Vegetable Tart £9.95

served with Salad

Sweet Potato, Spinach and Chickpea Curry (GF) £12.95

served with Rice, Mango Chutney and Poppadum

Three Bean and Pepper Chilli (GF) £12.95

served with Rice and Tortilla Chips

Bhaji Burger £13.95

Moving Mountains Burger, Mango Chutney, Onion Bhaji, Pink Onions and Cucumber
served in a Pretzel Bun with Chips and Slaw

Vegan Sausage Sandwich £12.95

served in a Toasted Ciabatta with Rocket, Red Onion Marmalade, Chips and Salad

Zucchini Linguine £13.95

Linguine with Roasted Courgettes, Red Peppers and Cherry Tomatoes in a Rich White Wine, Tomato and Caper Sauce
served with Herb Oil

PLEASE NOTE our salad comes dressed with homemade balsamic dressing

V Vegetarian **VE** Vegan **GF** Gluten Free **DF** Dairy Free **VEO/GFO** Vegan/Gluten Free Option Available

PLEASE LET US KNOW IF YOU HAVE ANY DIETARY REQUIREMENTS OR ALLERGIES PRIOR TO ORDERING